



BISHOP HEELAN CATHOLIC SCHOOLS

A LIFETIME ADVANTAGE

Sacred Heart School

Grades PK-8 • 5010 Military Rd., Sioux City, IA
Phone: 712.233.1624

Sacred Heart School is committed to providing each child with the opportunity to grow, develop and excel, while keeping individual talents and skills at center focus.

Academic Focus

We champion reading as the foundation for all learning and scholastic progress and work to develop strong reading skills in all students. With our faith-infused curriculum we review and advance the progress of each student in the areas of literacy, mathematics, science, social studies and 21st century learning. Our teachers engage students using instruction with iPads, interactive whiteboards and chromebooks.

Higher Test Scores

Our student test scores are higher than local, state and national averages.

Individualized Instruction

Our small class size and support staff allow for teachers to meet the needs of all students in their classroom. We offer Title I reading services as well as ESL (English as a second language) services. Students that excel are pushed to continue to achieve at high levels through differentiated instruction.

Faith Formation and Service

Students attend Mass each week and have opportunities to be actively involved in planning and being part of the liturgy.

Guidance and Counseling

A full-time school counselor regularly visits classrooms to promote positive attitudes, choices, and interpersonal relationships among students. In individual and group interactions, our counselors focus on the personal and academic needs of students. By helping students deal with classroom and personal challenges, they help students succeed in school.

Positive Behavior Program and Student Leadership

At Sacred Heart, our Positive Behavior Supports Program rewards students for positive behaviors. The program gives older students leadership opportunities with school assemblies and other activities.



Administration

Principal: Kate Connealy
Email: connealyk@bishopheelan.org
Secretaries: Emily Mills, Juanita Garcia

Enrollment

Sacred Heart enrolls 370 students

Beyond the Bell

This program is offered every school day at 3:30 to 6 p.m. Students enjoy a snack, games and homework.

Learn more at 712.277.3600.

Parent School Group

The Parent Group invites you to get involved by supporting our teachers, staff and students. We encourage you to meet other parents and sign up to help with activities. Our Parent School Group participates in a Fall Fun Run, Book Fair, Pizza Bingo and volunteers in our classrooms.

History

Sacred Heart has grown dramatically since it opened in 1920. Today the school primarily enrolls students from St. Boniface, Cathedral, St. Joseph and Sacred Heart parishes.

School Hours

The school day: 8:30 a.m. to 3:30 p.m.
Doors open: 7:30 a.m. (No Fee)
Breakfast: 7:30 to 8:15 a.m.
After school program: 3:30 to 6 p.m.
(Additional Fee)

Academic Competitions

Our middle school students participate in Quiz Bowl, annual math competitions and our 7-8 graders participate in Iowa online competitions.

Middle School Fine Arts

Vocal: Music classes are offered twice a week. All middle school students are involved in vocal music and perform at Christmas and spring concerts. Show choir: Genesis

Band: Students in grades 5-8 are invited to join the band under our talented instructors. Band students perform at the Christmas concert, spring concert and march in the Heelan High Homecoming parade. Private lessons are also available.

Art: Art class is offered once a week.

Middle School Athletic Opportunities

Our middle school students enjoy a variety of athletic activities.

Bishop Heelan System Sports Program

6th grade: volleyball and wrestling (practice only)

7th grade: football, wrestling, cross country, volleyball, basketball, track, soccer, golf

8th grade: football, wrestling, cross country, volleyball, basketball, track, soccer, golf; 8th grade boys can try out for freshman baseball and 8th grade girls for softball.

We Are Heelan Sports Program

This program, named in part for the Crusaders, is a private program that supplements the athletic opportunities in the Bishop Heelan system.

6th grade: football and basketball *All three middle schools make up Heelan teams.

7th grade: football, volleyball, basketball

FAQs

Is transportation available?

Yes. For those living within certain boundaries of Sioux City, bussing to and from school is provided by the public school. Those living in South Dakota can participate in private van transportation through Travel Plus, home from school. Iowa residents unable to participate in public school transportation can apply for a travel voucher each year. Call Juanita 712.233.1624 for more information.

Can I volunteer in my child's classroom?

Yes. We love to have volunteers in our classrooms. For all students safety we require volunteers to pass a background check and complete a four hour class. You can complete the background check and register for the class at virtus.org. For more information, please contact Michelle Rethman at 712.233.1652.

What time should my child be at school?

Students can arrive as early at 7:30 a.m. Before school care is offered free of charge. Breakfast is served in the cafeteria until 8:20. We ask that all students are here by 8:15. This allows for students to be in their classroom and ready to begin learning when our school day begins with prayer at 8:30.

Do you have organized youth athletics?

Yes, starting in third grade students can sign up to be a part of a We Are Heelan team. Check out their Facebook page for more information.